

Emergency Call to Action

Bshvil בשביל המחר 
Serving Those Who Served



"The Path to Tomorrow...Starts Today"

We are at war. On October 7th, at 06:30, **Israel was savagely attacked and the outcome of this attack is horrific.**

More than 1,400 people- civilians, men and women, children and elderly people, were brutally murdered in their own homes. More than 220 people were abducted, and taken by force into Gaza. Thousands were wounded.

Despite having been caught by surprise at first, **the Israeli army has been fighting tirelessly since that moment.**

It is a fierce battle which has been raging for the past few weeks, with no moment to pause, think or re-group. Our soldiers fight ceaselessly, as every moment and every second counts. Their spirits are high and they are unwavering in their determination.

These soldiers will inevitably **experience unimaginable horrors** as they engage in battle and **defend Israel.** Some of them will, tragically, lose comrades, and some will return injured, maimed, and traumatized.

Post-traumatic stress disorder can lead to destructive patterns, including depression, violence and dysfunctionality. Nevertheless, **PTSD can be treated effectively** if it is done without delay.

We believe that these heroes are Israel's future, and we **must provide aid** for them upon their return from war.




Here is **our** call to action:

Over the past 15 years Bshvil has been a **leading organization** in working with Israel's elite combat units to **process trauma** and restore these soldiers' spirit so that they can subsequently realize their full potential in Israeli society. We are recognized by and work closely with the **Ministry of Defense and IDF.**

Our trauma relief and healing strategies are tried and true:

During the fighting, Bshvil provides **mental preparation** for soldiers before entering combat, as well as supporting and aiding them during their breaks from the front line, providing **emergency care** to traumatic stress victims, and creating **support groups** for soldiers' spouses and families at home.

After the fighting is over, After the fighting is over, Bshvil carries out intensive week-long outdoor **group activities**, facilitated by top-notch psychologists and counselors. The soldiers acquire skills to help them **confront trauma**, address it, and allow the healing process to begin. Their camaraderie serves an essential tool to achieve this. We have used this process and successfully transformed the lives of over **3,500 combat** soldiers since Bshvil was founded.

-  The cost of one psychotherapist's work for one single day is **\$350**. Our aim is to provide at least **1000 days** of such care.
-  The cost for two professionals to cohost one single support group session for soldiers' spouses and families is **\$400**. Our aim is to provide at least **200 sessions**.
-  The cost of funding one combat unit's group activity (approximately 15 soldiers) is **\$30,000**. We are committed to assisting **100 combat units** in the coming year, at an estimated cost of \$3,000,000.

Here is **your** call to action:

Together, we must support our soldiers. We can't wait till the fire ceases, we must act now. We need your immediate help.

This is the most urgent call to action we have ever sent. Join us now in helping thousands of combat soldiers who need our help.



support bshvil:

Online

<https://friendsofbshvil.org/>



Bank Transfer

Name of the account: Friends of Bshvil Hamachar Inc.

Account #: 800106209976

Routing #: 064008637

Pinnacle Bank. 150 Third Avenue South, Suite 900, Nashville TN 37201

Swift code #: PNFUS44



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